

» Cwm Carn : Route 1

TWRCH MOUNTAIN BIKE TRAIL

Distance	15km
Climb	450m
Time	1 - 2 hours
Level	Suitable for experienced mountain bikers

Canolfan
Ymwelwyr
Visitor
Centre



P

Finish Section

Angel's Posts

Dragon's Teeth

Dragon's Tongue

Castle Valley

Archie's Lift

Gate Keepers

Odin

Mabinogion

Airstream

Giant's Finger

ALLWEDD / KEY

- Lôn Ddwbl Double Track
- Lôn Sengl Single Track
- Disgyniad Da Good Downhill
- Esgyniad Serth Steep Uphill
- Darn Technegol Technical Section
- Troeon Garw Sharp Bends
- Gofal! Cerddwyr Caution! Walkers
- Gofal! Cerbydau Caution! Vehicles
- Darn Creigiog Rocky Section
- Darn Gwlyb Iawn Very Wet Section
- Afon River
- Prif Ffordd A Road
- Coedwig Cwmcarn Cwmcarn Forest

