

📍 Afan Forest Park : Route 2

## PENHYDD TRAIL

Distance	22km
Climb	450m
Time	1.5 - 3 hours
Level	Technically difficult



Dechrau  
Start  
P

Afan Argoed  
Afan Forest Park Centre

Genesis

The Final Cut

Heart of Darkness

Squeak

Bubble

Deep Sheep Gully

Argoed

Sidewinder

Hidden Valley

A Ridge Too Far

Frog Corner

The Green Run

Brashy Track

Desolation

To the Top part 1

Climbing Blind

To the Top part 2

To the Top part 3

Tonmawr

Cwm Pelenna

Duffryn

Rhyslyn

Pontrhydyfen

A4107

Afon