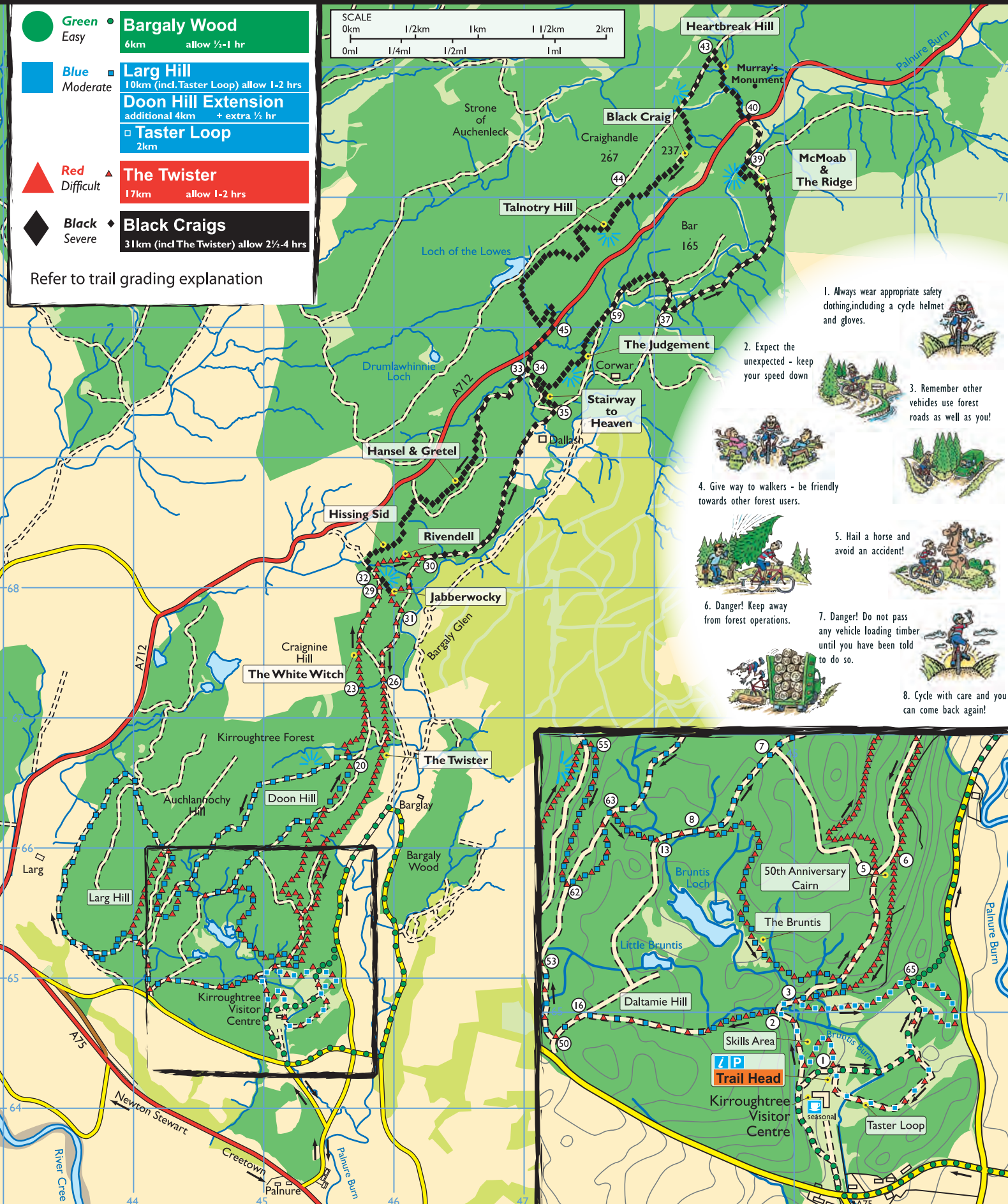


Kirroughtree

Green Easy	Bargaly Wood 6km allow ½-1 hr
Blue Moderate	Larg Hill 10km (incl. Taster Loop) allow 1-2 hrs
	Doon Hill Extension additional 4km + extra ½ hr
	Taster Loop 2km
Red Difficult	The Twister 17km allow 1-2 hrs
Black Severe	Black Craigs 31km (incl. The Twister) allow 2½-4 hrs

Refer to trail grading explanation



1. Always wear appropriate safety clothing including a cycle helmet and gloves.
2. Expect the unexpected - keep your speed down.
3. Remember other vehicles use forest roads as well as you!
4. Give way to walkers - be friendly towards other forest users.
5. Hail a horse and avoid an accident!
6. Danger! Keep away from forest operations.
7. Danger! Do not pass any vehicle loading timber until you have been told to do so.
8. Cycle with care and you can come back again!

