

# Want more?

Other north-east mountain bike trail networks...

## Hamsterley Forest, County Durham

Stunning MTB skills loop, family trails, awesome downhill trails and fierce 4x downhill race circuit.

[www.descendhamsterley.co.uk](http://www.descendhamsterley.co.uk)

Downhill pass required to access this bike park.

On site cycle hire: **Wood & Wheels 01388 488222.**

Forest Visitor Centre: **01388 488312.**

Local mountain bike group:

[www.hamsterleytrailblazers.co.uk](http://www.hamsterleytrailblazers.co.uk)

## Kielder Water and Forest Park

Family routes, MTB training loop, (Red and Black grade MTB singletrack trails – opening summer 2007), many off road, surrounded by big forest, big water and big skies!

On-site cycle hire at **The Bike**

**Place** in Kielder: **01434 250457.**

Local mountain bike group:

[www.kieldertrailreavers.com](http://www.kieldertrailreavers.com)

Kielder Castle: **01434 250209.**



# Get on two wheels...

Chopwell Woodland Park is a beautiful 360 hectare mixed woodland near Gateshead, alive with an amazing variety of plant and wildlife. It is a fantastic place to bring your bike, with over 11km of cycle trails for you to explore.



Whether you're cycling with the family through it's breathtaking woodland, or testing your skills on the challenging mountain bike trails, there's something for everyone to enjoy and will leave you wanting to come back for more!

## Coming soon...

Opens Autumn 2007

### Black Grade Trail opens late 2007

During 2007 NEFA (North East Freeride Association), working with local young people, will be creating an awesome black grade extreme trail which will test your skills and you're nerve to the limit. Stunt-riding features will range from raised platforms and see saws to roller coasters and skinny's. This trail is for experienced riders only and not for the faint hearted. To keep up to date, visit [www.nefa.co.uk](http://www.nefa.co.uk)

NEFA have been committed to trail building in Chopwell Wood since 2001. The volunteer trail building team work on site every month and are always looking for support and volunteers to help build upon what has been achieved so far. If you would like to get involved with this community project, email [nefa@blueyonder.co.uk](mailto:nefa@blueyonder.co.uk)

## Forest location and information Enjoy your visit



### Location

The entrance to the wood is located in the southern end of High Spen village, off the B6315.

### Public transport

Buses connect the wood with Newcastle City Centre, Newcastle Central Station and the Metrocentre (service numbers 47 and 47A). Visitors from Consett can connect with this bus at Rowlands Gill.

### Contact

Recreation Ranger  
Forestry Commission  
Chopwell Woodland Park  
High Spen  
Tyne and Wear  
NE39 1LT.

Tel: 01207 542231.

[www.forestry.gov.uk/northeastengland](http://www.forestry.gov.uk/northeastengland)

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Please recycle after use



# Chopwell Woodland Park

Cycling guide and map



Forestry Commission  
England



[www.forestry.gov.uk](http://www.forestry.gov.uk)



### Follow the Forest Code

- Guard against all risks of fire.
- Protect and respect wildlife, plants and trees.
- Keep dogs under control.
- Take your litter home.
- Make no unnecessary noise.
- Take only memories away.

**Festival Cycle Trail** ●●●  
Waymarked. Distance 2.5 km (15–30 mins)  
Families can take in the views along the green trail as it winds along the old railway line.

**Festival and Outside Line** are shared trails. Please respect other users on shared trails.

**Outside Line Cycle Trail** ●●●  
Waymarked. Distance 5.8 km (30 mins–1 hr)  
Trail follows forest roads and takes you around Chopwell Wood, taking in some of the great views within the forest.

**Powerline Mountain Bike Trail** ●●●  
Distance 3.5 km (45 mins)  
The Powerline is a fast technical red grade trail that travels from the main car park towards the river Derwent.

**High Voltage Mountain Bike Trail** ◆◆◆  
Distance 0.3 km (20 mins)  
During 2007 local volunteer trailbuilders will be creating an awesome Black Grade Technical Trail to compliment the Red Grade Powerline Trail. This trail will be located adjacent to the Red Grade Powerline Trail.

**Opens Autumn 2007**



### Key to map

- P Parking
- i Information
- Residential area (please respect local residents)
- ① Numbered waymarkers
- Forest roads

0 200 400m

## Find the right trail for your ability using our grading system

**Green Easy**  
**Suitable for:** Beginner/novice cyclists. Basic bike skills required. Most bikes and hybrids. Some green routes can take trailers.  
**Trail and surface types:** Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. May include short flowing singletrack style sections.  
**Gradients and technical trail features (TTF's):** Climbs and descents are mostly shallow. No challenging features.  
**Suggested fitness level:** Suitable for most people in good health.

**Blue Moderate**  
**Suitable for:** Intermediate cyclists/mountain bikers with basic off road riding skills. Mountain bikes or hybrids.  
**Trail and surface types:** As "Green" plus specially constructed single track. Trail surface may include small obstacles of roots and rock.  
**Gradients and technical trail features (TTF's):** Most gradients are moderate but may include short steep sections. Includes small TTF's.  
**Suggested fitness level:** A good standard of fitness can help.

**Red Difficult**  
**Suitable for:** Proficient mountain bikers with good off road riding skills. Suitable for better quality off-road mountain bikes.  
**Trail and surface types:** Steeper and tougher, mostly singletrack with technical sections. Expect very variable surface types.  
**Gradients and technical trail features (TTF's):** A wide range of climbs and descents of a challenging nature will be present. Expect boardwalks, berms, large rocks, medium steps, drop-offs, cambers, water crossings.  
**Suggested fitness level:** Higher level of fitness and stamina.

**Black Severe**  
**Suitable for:** Expert mountain bike users, used to physically demanding routes. Quality off-road mountain bikes  
**Trail and surface types:** As "Red" but with an expectation of greater challenge and continuous difficulty. Can include any useable trail and may include exposed open hill sections.  
**Gradients and technical trail features (TTF's):** Expect large, committing and unavoidable TTF's. Sections will be challenging and variable. May also have "downhill" style sections.  
**Suggested fitness level:** Suitable for very active people used to prolonged effort.

**Forest road and similar**  
**Suitable for:** A wide range of cyclists. Most bikes and hybrids. Ability to use maps helpful. Routes may or may not be waymarked.  
**Trail and surface types:** Relatively flat and wide. The trail surface may be loose, uneven or muddy at times. These roads may be used by vehicles and other users, including horse riders and dog walkers.  
**Gradients and technical trail features (TTF's):** Gradients can be variable and may include short steep sections. Occasional potholes may be present.  
**Suggested fitness level:** A good standard of fitness can help.

-  Expect the unexpected – keep your speed down.
-  Remember other vehicles use forest roads!
-  Give way to walkers – be friendly towards other forest users.
-  Hail a horse and avoid an accident.
-  Danger! Keep away from forest operations.
-  Danger! Do not pass any vehicle loading timber until you have been told to do so.
-  Footpaths are for walkers only!
-  Cycle with care and come back again!